|  |  |
| --- | --- |
| Mental Capacity Act Principles Checklist | |
| Principle 1  ‘Assume Capacity’ | How did you ask the person and let them decide? |
| Principle 2  ‘Practicable Help’ | How did you support them to make the decision themselves? (e.g. tried later, explained, visual prompts, etc.) |
| Principle 3  ‘Unwise Decisions’ | Remember that if they can think through the consequences then they are able to make the decision even if it is unwise. Describe if you think they can do this. |
| Mental Capacity Test | Do you think the person can make the decision? Why? (do they understand, can they think through the consequences and tell you their decision?) |
| Principle 4 ‘Best Interests’ | If they can’t decide – how did you decide in their best interests? (How did you involve the person and take account of their views, who have you talked to, what are the options? |
| Principle 5 ‘Least Restrictive’ | How did you make sure that they still had as much choice, independence, privacy & freedom as possible? |