



1 Minute Guide to Hoarding

This guidance is intended to help practitioners understand the issues of hoarding and details the path a practitioner should take to risk assess and safeguard the adult.

What can I do to help someone who is hoarding?

Hoarding disorder is distinct from the act of collecting and is also different from people whose property is generally cluttered or messy.

Hoarding is a complex condition and requires a multiagency response. Any professional working with an individual who may have or appear to have a hoarding condition should ensure they complete the Practitioners Hoarding Assessment and use the Clutter Image Rating to inform decision making. Organisations should gather as much information as they can prior to making any referral.

The Care Act (2014) statutory guidance includes self-neglect as a type of abuse. It states, 'this covers a wide range of behaviour neglecting to care for one's personal hygiene, health or surroundings and includes behaviour such as hoarding'.



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For more information

- [Essex County Fire and Rescue](#)
- [The Association of Professional Declutterers & Organisers \(UK\)](#)
- [Help for Hoarders](#)
- [Hoarding UK](#)

REPORT A CONCERN:

Southend: 01702 215008
 Essex: 0345 603 7630
 Thurrock: 01375 511000

Further Information :

The SET Hoarding Guidance can be found on the ESAB website www.essexsab.org.uk Guidance, Policies & Protocols Page