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**Other services within The Change Project**

Caring DadsCaring Dads is a 17-week group-work programme to help fathers value and parent their children. The course has been developed to engage men in the process of examining their fathering and motivating them to instigate change. The programme is designed to increase men’s application of child centered fathering. Dads will build awareness of, and responsibility for abuse and neglectful fathering.   
The group will support them in understanding the impact of domestic abuse and the maltreatment of children and help them to rebuild their children’s trust and plan for the future.

Domestic Abuse Perpetrator Programme (DAPP)  
The Domestic Abuse Perpetrator Programme (DAPP) is for individuals who want to stop being abusive towards their (ex) partners and are motivated to change their behaviour. We accept both statutory and self-referrals for both males and females.

CounsellingThe Change Project provide counselling services to families, couples, individuals, children and young people, to promote their wellbeing and foster healthy relationships. We address client’s sexual problems through psychosexual therapy improving all aspects of their intimate relationships. We offer Cognitive Behavioural Therapy to help clients manage their problems by changing the way they think and behave. All of these services are offered at affordable rates.

The Change Project, c/o Chelmsford CVS, Burgess Well House, Coval Lane, Chelmsford CM1 1FW

**Email**: [tcp@thechangeportfolio.org](mailto:tcp@thechangeportfolio.org)

**Website:**

[www.thechange-project.org](http://www.thechange-project.org)

**Changing harmful relationships for positive futures**

**Who is the service for?**

The Change Hub is a funded a community domestic abuse service for perpetrators in Southend, Essex and Thurrock aged 16 and over who want to make positive changes in how they behave in relationships with others, regardless of gender, ethnicity, background or sexual orientation.

Domestic Violence Awareness Practitioners (DVAPs) deliver one-to-one behaviour change interventions matched to risk and the client’s individual circumstances.

Victims/survivors are offered support throughout our interventions by our Integrated Support Service (ISS).

A multi-agency approach to managing risk is core to the Change Hub. We work closely with a wide range of agencies to enable perpetrators to access interventions to address their abusive behaviour, support holistic change, and safeguard victims/survivors and children.

Engagement with the Change Hub and ISS - including clients referred by statutory services - is voluntary.

**How to refer?**

Referrals are welcomed from any professional working with an individual/family where domestic abuse is a concern.

Clients can self-refer, however if they are open to services, referrals should be made by an agency working with the individual/family.

Referrals from professionals require the client’s consent. Where possible, the referral should also be discussed with the victim/survivor in advance.

**Enquiries?**

For more information about the Change Hub, please contact;

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# **The Change Hub**