

THURROCK LSCP UPCOMING TRAINING EVENTS

JUNE 2023 - DECEMBER 2023

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NON - CHARGEABLE COURSES

COMMON ASSESSMENT FRAMEWORK (CAF)

Via MS Teams
09.00 - 12.00

Thursday 21st September 2023
Thursday 18th January 2024
Thursday 2nd May 2024

This course will enable you to understand:

- What a CAF pre-assessment checklist is and when to use it
- The key principles of and background to the CAF
- How to undertake a CAF following the Signs of Safety (SoS) practice model
- When and when not to undertake the CAF
- The main stages in completing a CAF
- Identifying what a good CAF assessment looks like
- How the CAF interfaces with other assessments
- How to use a CAF to inform a specialist assessment



Visit www.thurrocklscp.org.uk for more information and to book a place.

CONTEXTUAL SAFEGUARDING TRAINING - SAFEGUARDING AGAINST HARM OUTSIDE OF THE FAMILY HOME

Via MS Teams
09.15 - 16.00

Thursday 14th September 2023
Tuesday 23rd January 2024

Learning Outcomes

Understand the Contextual Safeguarding approach, its history and current position within the safeguarding system

Consider the developmental period of adolescence and types of harm that takes place outside of the family home
Examine the use of these approaches in relation to peer on peer abuse and child exploitation using case studies
Learn from good practice examples across the county who are using these approaches

Consider how to apply this approach to our own work
Signpost to further learning and resources



Visit www.thurrocklscp.org.uk for more information and to book a place.

DOMESTIC ABUSE AND STALKING AWARENESS

Via MS Teams
09.30 - 12.30

Thursday 22nd June 2023
Thursday 20th July 2023
Thursday 24th August 2023
Thursday 21st September 2023
Thursday 23rd November 2023

The session will include information on:-

- What is Domestic Abuse and Stalking?
- The signs of Domestic Abuse and Stalking.
- The effects of trauma.
- What risk assessments are used and why.
- Safety Plans - Features
- The work they do with survivors
- Recording client conversations
- How to hand a disclosure of abuse/stalking



Visit www.thurrocklscp.org.uk for more information and to book a place.

GANGS, EXPLOITATION AND SERIOUS YOUTH VIOLENCE

Via MS Teams
10.00 - 12.00

Thursday 12th October 2023

Thursday 7th December 2023

Thursday 7th March 2024

Thurrock LSCP are pleased to offer practitioners the chance to attend a free half day training session offering insight to professionals across Thurrock into working effectively with young people at risk of, and involved with gangs, criminal exploitation and serious youth violence.

Gaining awareness of this local and national picture, what is available and all other associated risks - including the importance of working together, information sharing and balancing safeguarding concerns along with managing risk.



Visit www.thurrocklscp.org.uk for more information and to book a place.

GRADED CARE PROFILE 2

Via MS Teams
09.30 - 16.30

Thursday 6th July 2023

The Graded Care Profile 2 (GCP2) helps practitioners measure the quality of care being provided to a child or children. It is an assessment tool that helps them to spot anything that is putting that child at harm of risk.

It is important we find children who are at risk of harm as early as possible so we can ensure they receive the right help.



Visit www.thurrocklscp.org.uk for more information and to book a place.

MODERN DAY SLAVERY AND HUMAN TRAFFICKING

via MS Teams
10.00 - 11.30

Wednesday 5th July 2023

Thurrock Community Safety Partnership and Thurrock Adults Safeguarding Board are delighted to offer free awareness training on the topic of Modern Day Slavery and Human Trafficking. Delivered by colleagues at Essex Police the training will cover the following:-

Organised Crime Group
Modern Slavery & Human Trafficking Overview
Types of exploitation
Signs of exploitation
Victim barriers
National Referral Mechanism/reporting concerns



Visit www.thurrocklscp.org.uk for more information and to book a place.

SAFEGUARDING CHILDREN AND YOUNG PEOPLE AFFECTED BY INTRA-FAMILIAL CHILD SEXUAL ABUSE

via MS Teams
09.15 - 16.30

Thursday 5th October 2023

Tuesday 6th February 2024

Tuesday 12th March 2024

Tuesday 11th June 2024

The course aim is that practitioners will be more confident in their safeguarding actions in relation to this challenging area of work and have tools which they can take away to assist them in their work.

- To have an understanding of the typology and prevalence of intra-familial child sexual abuse, including sibling abuse
- Have considered how attitudes and beliefs around sexual development can have an influence on our ability to safeguard
- Have an overview of the legal and statutory guidance as well as local protocols in relation to child sexual abuse.
- Have considered the common factors for families where child sexual abuse is a feature
- Have learnt to recognise the indicators of CSA including behavioural and physical markers
- Have considered the impact of this type of abuse on children, siblings, and parents, both short and long term
- Have an awareness of good practice and relevant agencies who can offer support and interventions around for children and families



Visit www.thurrocklscp.org.uk for more information and to book a place.

SUPPORTING STAFF WELLBEING AND THE IMPACT OF WORKING WITH A TRAUMATISED POPULATION ON STAFF MENTAL HEALTH

Via MS Teams
09.30 - 16.30

Tuesday 5th September 2023
Thursday 9th November 2023
Thursday 29th February 2024

This course will cover:

- What scientific evidence has taught us about stress in the mind and body
- How working with other people's stress and trauma can impact on staff stress levels
- How to have wellbeing conversations with staff
- What we mean by the terms Burnout, Secondary Trauma, Vicarious Trauma, Moral Injury
- How and why people might experience these states
- How we might recognise and potentially reduce the symptoms in our teams and in ourselves
- What "good" supervision might look like and practicing reflective conversations
- How to increase positivity in the workplace



Visit www.thurrocklscp.org.uk for more information and to book a place.

THINK FAMILY TRAINING

Via MS Teams

29th June 2023 - 14.00 - 16.00

17th October 2023 - 09.30 - 11.30

23rd January 2024 - 09.30 - 11.30

16th April 2024 - 09.30 - 11.30

This course will enable you to understand the key principles and background to the Think Family approach including:

Knowledge around relationship and evidence-based

interventions used with children and families

Introduction to parenting support being provided, including the importance of including fathers

Overview of parenting assessment templates used within Thurrock Children Services

To develop an understanding of the importance of Family Network Meetings considering a Signs of Safety (SoS) practice model

An awareness of 'family time' supervised contact for children and their families



Visit www.thurrocklscp.org.uk for more information and to book a place.

TRAUMA INFORMED PRACTICE TRAINING

Via MS Teams
09.15 - 16.15

Tuesday 12th September 2023
Thursday 22nd February 2024

The purpose of this training is to:

- Understand the role of Adverse Childhood Experiences (ACES) and the impact of these experiences on children, young people and families
- Consider evidence on brain development and the impact of trauma on the brain and nervous system
- Understand the principals of trauma informed practice
- Consider how being trauma informed will impact on the way that we work with families and individuals
- Understand the role of secondary trauma on staff and how to build support to address this.



Visit www.thurrocklscp.org.uk for more information and to book a place.

VISITING THURROCK REFUGE

Via MS Teams
10.30 - 12.00

Tuesday 27th June 2023

A refuge is a safe house where women and children who are experiencing domestic abuse can stay.

This is an opportunity for professionals working in Thurrock to visit the local refuge. Attendees will be shown around and get a clearer picture of refuge life. The host will detail how the process works from a victim entering and their journey whilst staying at the refuge.

This visiting opportunity is available to those who may have involvement with women or children experiencing domestic abuse, for example referring a women to a refuge or those who may have to offer other types of support to women or children experiencing domestic abuse or residing in refuge



Visit www.thurrocklscp.org.uk for more information and to book a place.

WORKING EFFECTIVELY WITH CHILDREN IN SITUATIONS OF NEGLECT

Via MS Teams
09.00 - 16.00

Tuesday 4th July and Tuesday 18th July 2023
Thursday 19th October and Thursday 2nd November 2023

The impact of neglect can be far reaching for the child or young person, from developmental delay to child sexual exploitation, serious medical issues or mental health concerns. With an estimated 1 in 10 children experiencing neglect, 29,000 children in 2019/2020 being registered on a Child Protection Plan with Neglect as the primary reason and 23,000 cases of child cruelty being recorded by the Police, the NSPCC highlights neglect as a significant risk to the wellbeing and safety of Children in the UK. Neglect was also a feature in 35% of fatal Serious Case Reviews (NSPCC 2021). It is therefore vital that staff are able to identify, intervene and safeguard children and young people where neglect may be an issue.

Utilising DfE (2014), NSPCC (2015), Children's Society (2016) and Nice Guidance (2017), this two day-Programme aims to support staff to develop the knowledge and skills needed to not only recognise neglect but to effectively assess and support children who may be living in situations of neglect, as well as to know when and how to escalate concerns. This will briefly include an explanation of the Graded Care Profile 2 Tool; however, this training does not duplicate the GCP2 training or equip participants to use the tool. This course covers how to evidence cumulative harm where it is necessary to demonstrate the impact neglect is having on a child over time.



Visit www.thurrocklscp.org.uk for more information and to book a place.

AWARENESS RAISING SESSION FOR PARENTS AND CARERS TO INCREASE KNOWLEDGE OF GANGS AND CHILD CRIMINAL EXPLOITATION

Via MS Teams
18.00 - 19.00

Thursday 14th September 2023
Thursday 7th December 2023

This session will identify the harms associated with gangs and county lines, and will look at practical advice on how to support a young person who you may be concerned about in relation to exploitation.



Visit www.thurrocklscp.org.uk for more information and to book a place.

TRANSITIONS AND EXPLOITATION WEBINAR

Via MS Teams
09.30 - 15.00

Friday 14th July 2023

Southend, Essex and Thurrock (SET) are please to offer practitioners the opportunity to attend a Free Webinar.
This webinar will cover:

- Understand and explore the key concepts of transition
- Look at new ways of safeguarding young people in transition
- Consider all contextual factors
- Increased knowledge of current exploitation factors
- Grooming styles and types
- Explore adultification and what it means for your young people
- Disruption tactics



Visit www.thurrocklscp.org.uk for more information and to book a place.

VICARIOUS AND SECONDARY TRAUMA AND STAFF WELLBEING TRAINING FOR CLIENT FACING STAFF

Via MS Teams
09.30 - 16.30
Tuesday 11th July 2023
Thursday 12th October 2023

This course has been developed for staff to support understanding and recognition of the impact of stress on wellbeing, including the potential for Vicarious and Secondary Trauma.

Research has shown that there are techniques and strategies we and our organisations can take to increase resilience and wellbeing but also that anyone who works with a potentially traumatized population is at risk of Secondary and Vicarious Trauma.

This course will cover

What scientific evidence has taught us about stress in the mind and body

How working with other people's stress and trauma can impact on our own levels of stress

What we mean by the terms Burnout, Secondary Trauma, Vicarious Trauma, Moral Injury

How and why people might experience these states

How we might recognise the symptoms in ourselves and colleagues

What good practice tells us about support for staff, personally and organisationally

Practice techniques to support ourselves to increase our own resilience to stress

How to access the "rest and repair" part of our nervous system



Visit www.thurrocklscp.org.uk for more information and to book a place.

ANTI RACIST PRACTICE WEBINAR

Via MS Teams
10.00 - 12.30

Wednesday 8th November 2023

This webinar will provide an opportunity for participants to:

Understand how our unique history and biography shapes us, each other and our culture.

Take ownership of our positions of power and privilege and how this is informed by other intersecting factors which shape our identity.

Exploring the individual, institutional, societal and global levels of complexity and structural inequality which creates a culture of racism, oppression and discrimination.

Consider how to contribute to a revolution of allyship, which embraces the notion of actively becoming anti-racist in everything we feel, think and do, captured in a final personal pledge



Visit www.thurrocklscp.org.uk for more information and to book a place.

CHARGEABLE COURSES

DESIGNATED SAFEGUARDING LEADS REFRESHER TRAINING

Via MS Teams
09:00 - 16:00

Monday 25th September 2023
Thursday 15th February 2024
Friday 10th May 2024

Aims:-

- To be updated on local and national practices and procedures
- To recap tasks relating to the DSL role
- To consider the assessment process and referrals through case studies
- To have an awareness of current safeguarding concerns and how to address them
- To review 'safe working practice' within their current setting and management of allegations
- To have an understanding of the lessons learnt from Safeguarding Practice Reviews

SAFER RECRUITMENT TRAINING

Via MS Teams
09:00 - 16:00

Monday 16th October 2023
Friday 19th April 2024

Aims: Based on an understanding of offender behaviour to:

Identify the key features of staff recruitment that helps deter or prevent the appointment of unsuitable people

Consider policies and practice that minimises opportunities for abuse or ensure its prompt reporting

Help participants begin to review their policies and practice in recruitment with a view to creating a safer culture

Please note that this is a charge course, with a cost of £50 per delegate.

DESIGNATED SAFEGUARDING LEADS INITIAL TRAINING - 2 DAY COURSE

Via MS Teams
09:00 - 16:00

Thursday 12th October and Friday 13th October 2023
Monday 29th January and Tuesday 30th January 2024
Thursday 6th June and Friday 7th June 2024

Aims:-

- To be updated on local and national practices and procedures
- To recap tasks relating to the DSL role
- To consider the assessment process and referrals through case studies
- To have an awareness of current safeguarding concerns and how to address them
- To review 'safe working practice' within their current setting and management of allegations
- To have an understanding of the lessons learnt from Safeguarding Practice Reviews

MULTI-AGENCY SAFEGUARDING CHILDREN TRAINING - LEVEL 2/3

Via MS Teams
09:00 - 16:00

Monday 19th June 2023
Friday 6th October 2023
Tuesday 23rd January 2024
Monday 17th June 2024

Aims:

to help professionals and volunteers who work with children and families to understand their child protection responsibilities

To gain an understanding of what is meant by safeguarding and promoting children's welfare

To know how to recognise signs of abuse and neglect, how to respond, report and record concerns.

To consider how to safely work with children

To know what to do if there was a concern about a member of staff or volunteer possibly posing a risk of harm to children

To know what to do if there was a concern about unsafe practice in their place of work

MANAGING ALLEGATIONS AGAINST STAFF - THE ROLE OF THE EDUCATION SETTING

Via MS Teams
09:30 - 12:30

Monday 6th November 2023
Friday 3rd May 2024

Aims:-

To be able to demonstrate an understanding of what constitutes an allegation, how allegations arise, and the process of allegations management.

To have a clear understanding of the role of the Designated Senior Manager and the Designated Officer for the Local Authority, sometimes known as the LADO (Local Authority Designated Officer).

To be able to manage allegations in accordance with Keeping Children Safe in Education and the Local Safeguarding Children Partnership.

To be able to carry out a proportionate response to any allegations including the management of any investigation.

To understand the difference between the need for police involvement, disciplinary procedures or a complaints process.

To suspend or not to suspend and other options.
Record keeping.

E-LEARNING COURSES

SAFEGUARDING IN EDUCATION

Anyone working in education has a responsibility to ensure children are safeguarded from potential abuse or neglect. Staff need to be able to recognise any of the signs or symptoms of abuse and how to report them to the correct authority.

Ideal for Administrators, Reception staff, Teachers, Teaching assistants, Early years practitioners, Safeguarding teams.

Individuals will learn:

How to recognise the legislation and guidance that governs safeguarding children in education

Identify safe working practices in education settings

Recognise the importance of early intervention and specific safeguarding issues

Recognise the signs of abuse and neglect

Identify what to do if you have concerns about children

Illustrate how safeguarding children works in practice

MODERN DAY SLAVERY AND TRAFFICKING

Modern slavery and trafficking are two of the most important safeguarding topics for anyone working with vulnerable children or adults. It is crucial that they have an in-depth knowledge of these areas and can spot the signs and symptoms of abuse.

Individuals will learn:

Definitions of modern slavery, human trafficking, types of exploitation, sex trafficking

Details of relevant legislation - International, European, and within the UK.

Who is at risk, and how to recognise them

Signs and indicators: physical, sexual, health, psychological and behavioural

How to report using National Referral Mechanism (NRM) and the Duty to Notify

Why victims might not wish to report abuse

The role of the internet and online sex trafficking

Who are the victims and why are they vulnerable to trafficking and exploitation

Investigating and prosecuting

Preventing trafficking

The impact of trafficking and exploitation on it victims

TRIO OF VULNERABILITIES

This course describes the massive impact domestic abuse, parental mental health issues and parental substance abuse can have on both vulnerable children, young people and the parents themselves.

This course will help the learner define what the Trio of Vulnerabilities means and its effects. This will help to guide learners on how to deal with suspected cases.

This course contains information and resources to enable practitioners to define and identify the effects of such abuse and act accordingly.

This course covers the following:

- Definition of the Trio of Vulnerabilities itself
- Statistics, facts and figures, and research into the Trio of Vulnerabilities
- The impact the Trio of Vulnerabilities can have on children, and on adults' parenting ability
- NICE guidelines about alcohol misuse and drug misuse
- Vulnerabilities for substance misuse
- The risk and impact to children and adolescents: health, increased vulnerability, development
- Guidance, how to assess risk, strengths-based practice, information sharing and interventions
- Working Together

SAFER RECRUITMENT

Safer Recruitment is designed to help those who are responsible for hiring anyone who works with children, to identify and deter or reject individuals who are deemed to be at risk of abusing children. It's crucial that all employers have a recruitment policy in place that takes into account safer recruitment best practices and considerations.

Ideal for Academy trusts, Agency staff, Full time workers, Governing bodies, Governors, Head teachers, Human resources staff, Part time workers. Teacher assistant, Teachers, Voluntary staff.

Individuals will learn safer recruitment basics such as:

An overview of recruitment

How to communicate with applicants

Preparing job and personnel specifications

Application forms, advertising and references

Pre-interview checks and selecting candidates for interview

DBS checks and enhanced checking, pre employment checks (PEC)

Induction, training, and supervision of new staff

Relevant legislation

How adults and children might become at risk

Visit www.thurrocklscp.org.uk for more information and to book a place.

GANG RELATED ISSUES AND COUNTY LINES

This course describes how children and young people can be vulnerable to gang related issues, Child Criminal Exploitation (CCE), and the definition of 'county lines'. You will be able to identify the signs of children and young people at risk and what forms gang related issues can take.

The course gives information on how to report and act to protect those at risk or already involved in these issues.

This course covers the following:

Child Criminal Exploitation (CCE)

Spotting the signs and characteristics of those involved with gangs, and 'pull factors' that could indicate vulnerability of children and young people

Definition of 'county lines exploitation' and its connection to human trafficking, modern slavery and forced labour, how to recognise signs of activity

Definitions of gang terminology

Links between gangs and knife crime

What to do if you suspect gang involvement

The National Referral Mechanism (NRM)

SELF HARM AWARENESS

Being able to identify and understand self-harm and its causes is crucial for anyone who works with vulnerable children, young people or adults. This training will help learners to understand what to do if they suspect someone is potentially self-harming

Ideal for Teachers, Teaching assistants, Education workers, Social workers, Volunteers, Police officers

This course covers the following:

A definition of self-harm and how to identify it

The prevalence of self-harm, and relevant statistics

Links between self-harm and mental wellbeing

Acts of self-harm

The self-harm cycle

Risk factors for self-harm in both children and adults

SUICIDAL THOUGHTS

Being able to identify the signs and symptoms of someone suffering from suicidal thoughts is crucial for anyone who works with children, young people and vulnerable adults.

Lack of mental wellbeing in children, young people and vulnerable adults can lead to suicidal thoughts and suicidal Ideation.

This course covers the following:

A definition of suicidal thoughts and mental wellbeing

A description of suicidal ideation and how to identify it

Statistics behind suicidal thoughts and suicide itself

Why some people are vulnerable to suicidal thoughts

Vulnerabilities for substance misuse, social isolation and other external influences

The risks specific to adults and teenagers

Guidance, how to assess risk, strengths-based practice, Information sharing, interventions and how to help

LGBTQ+ AWARENESS

This training is designed to give learners a much deeper understanding of the key issues facing LGBTQ workers and how to ensure that they are safeguarded in the workplace. Upon completion of this course, learners will be able to create an inclusive environment for all employees through their policies and procedures .

This LGBTQ+ Awareness training course will widen your awareness of gender identity and sexual orientation

This course covers the following:

The definition of gender identity and sexual orientation, Gender Identity Disorder (GID) and Gender Dysphoria

The definition and usage of words, including 'queer', 'pansexual', 'non-binary' etc

The processes involved in transitioning

Research and understanding of discrimination

Hate crime, minority stress

LGBTQ+ health issues, both mental and physical, and the difficulties of accessing appropriate healthcare

Children and young people, gender identify and sexuality

LGBTQ+ in education

Pride

Visit www.thurrocklscp.org.uk for more information and to book a place.

RADICALISATION AND EXTREMISM

This training course will help learners to understand various forms of radicalisation and extremism and how it can be recognised and countered. This course also looks into further steps and organisations to contact if they suspect someone is being radicalised.

Safeguarding anyone against radicalisation and extremism is an extremely important responsibility.

It is crucial that anyone working with vulnerable children, young people or adults are able to recognise the signs and symptoms of potential radicalisation

This course covers the following:

Extremism, radicalisation and terrorism, and the differences between them

Sources and types of terrorism threats

How the radicalisation process happens

Risk factors and how to identify people vulnerable to radicalisation

Government strategies, including CONTEST, Channel and Prevent

UK legislation and actions to reduce acts of terrorism

Actions you can take

Visit www.thurrocklscp.org.uk for more information and to book a place.

SAFER SLEEPING FOR BABIES

Greater awareness of Sudden Infant Death Syndrome (SIDS) is one of the most effective ways to reduce cases. This course is designed to do just that whilst ensuring learners gain knowledge on practical and effective ways to reduce the risks. It gives a wide range of information and guidance, and is aimed at health workers, nursery workers, and those working with babies and new parents.

This course covers the following:

The definitions of SUDI, SIDS and SUDC and how they differ

Tackling unexplained deaths, and reducing their number

The agencies and individuals who can help to reduce the risk

The triple risk model

Descriptions of environmental risks and how to avoid or reduce them

Advice to give to parents on how to avoid SIDS

Strategies for safer sleeping

SIDS and smoking

How to regulate babies' temperature

The dangers of co-sleeping and bed-sharing

UNDERSTANDING ANIMAL WELFARE IN VIOLENT HOMES

This course will be of interest to professionals working with families with pets and will help them to recognise those at risk of physical and mental abuse.

It has been developed as a result of significant research findings, which show that "when animals are abused, people are at risk; when people are abused, animals are at risk" It has been designed to help frontline staff understand the link between family abuse and animal abuse. It is aimed at professionals who have a responsibility to safeguard vulnerable children, young people and adults at risk.

This course covers the following:

A basic understanding of what animal abuse is

How to spot the signs

Understand the link between family abuse and animal abuse

What to do if you have suspicions of abuse

SUPPORTING TEENAGERS AND YOUNG PEOPLE

This course covers a wide range of topics to help provide those who work with children and young people or young adults, the information they need to help and support young people who are vulnerable to abuse or neglect.

This course covers the following:

Definition of teenage relationship abuse

Risk factors and protective factors

How to help young people in abusive relationships

Characteristics of perpetrator including types of adult bullies and children who bully - bullies, indicators, victims

Types of bullying

The relationship between bullying and suicide

Definitions of substance misuse and addiction

What to do if you have concerns regarding substance misuse

The risks, impact and prevention of teenage pregnancy

Supporting young people in reducing teenage pregnancy rates

Legislation relating to teenage relationship abuse, bullying and substance misuse

CHILD POVERTY

Anyone working with children and families may be exposed to children in poverty. Being able to identify children in poverty is a crucial step to help them and their families out of poverty and support them in the future.

The modules in this course provides information on the potential causes of poverty, how to help children and their families, guidance on multi-agency working and the learners roles and responsibilities as a practitioner.

This training covers the following topics:

The difference between relative poverty and absolute poverty

The growth of inequality and cult of entitlement

Statistics for poverty within the UK

The Alston: United Nations Report 2018

The impact, both immediate and long term, of poverty on children

The effect of poverty on brain development and other Adverse Childhood Experiences (ACE)

How to provide support / access support

E-LEARNING COURSES

Thurrock LSCP are pleased to offer a new wider range of e-learning courses for 2023/24.

If you would like to undertake multiple courses, please indicate in the drop down box when completing your application on the website.

Please note:

Whilst these e-learning courses are free, failure to complete them within 30 days of allocation will result in a £15 charge

Each course application applies to one person only. This applies when booking multiples of the same course for different people.