



Newsletter

Welcome to October's edition of the Thurrock Safeguarding Adults Board (TSAB) newsletter.



Photo of Anna Edwards Thurrock Safeguarding Adults Board Administrator

Hi, I'm Anna Edwards and I've held the TSAB administrator role since 2018. Before taking on this role, I was a Deputy Manager in a preschool and undertook the role of Designated Lead when required.

Since working for Thurrock, I've been encouraged to attend a whole range of different training to increase my knowledge of safeguarding/abuse types. You will often see me attending community events raising awareness of this subject and signposting members of the public to the correct agencies for them to receive support.

I was also given the opportunity to become an apprentice - City and Guilds Level 3 in Business Administration. This newsletter started as an idea for my project to help me complete my apprenticeship and I'm please to say I passed with a distinction.

Did you know...

- The [TSAB Annual Report 2021/22](#) and the [Easy Read version](#) have been published, we wish to thank Thurrock Lifestyle Solutions for their support.
- During September, Board and Operational Group members made unannounced visits to Care Homes, feedback will be shared with all members.

We still have some spaces on the courses below. If you are interested in attending one of these courses, then use this link to book onto the training [TSAB Training | Thurrock SafeGuarding Adults \(thurrocksab.org.uk\)](https://www.thurrocksab.org.uk)

- Barring Workshop
- Disclosure Workshop
- Mental Capacity Act and Substance Misuse
- Trauma Informed Practice – Adults with Complex Needs
- Working with the complexity under the MCA



Mate Crime

Our recent social media posts have been concentrating on [Mate Crime](#) and how to spot the signs. A 3-minute animation called '[Tricky Friends](#)' has been developed to help reduce the risk of harm and exploitation in groups who may be less able to recognise the intentions of others.

Our [Adult Safeguarding Booklet](#) explains what abuse and neglect is, as well as other abuse types. The booklet is available on our [website](#) or you can email us to arrange collection of hard copies.

Public Engagements and Events

We attended The Orsett Show on 3 September to raise awareness of Safeguarding and the different types of abuse.

We discussed Mental Health, Domestic Abuse and Financial Abuse with members of the public and met other safeguarding professionals who were pleased to see us raising awareness.



Useful Documents

- Essex Police [Visual Impairment Procedure](#)
- The King's Fund Animations: [Quick Watch Guides To Health And Care](#)
- [Resources For Asylum Seekers and Other Vulnerable Migrants](#)

To raise a concern, call Thurrock First on 01375 511000, or contact the Police to report a crime on 101 (999 in an emergency)