

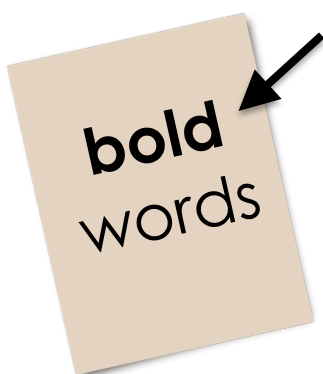
# Thurrock Safeguarding Adults Board

Annual Report - What we have done  
from April 2022 to March 2023



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In this Easy Read document, difficult words are in **bold**. We explain what these words mean in the sentence after they have been used.



Some words are [blue and underlined](#). These are links which will go to another website which has more information.

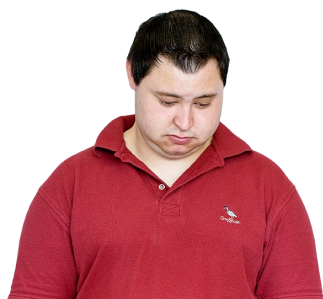
# About this booklet



We are Thurrock Safeguarding Adult Board. We work to keep adults safe from **abuse** and **neglect**.



**Abuse** is when someone hurts you or treats you badly.



**Neglect** is when someone does not look after you properly.



We work together with other groups and organisations in Thurrock.



This booklet is an Easy Read version of our Annual Report. It tells you what we have done over the last year.

# What the law says



A **law** called the Care Act 2014 says there are three things we must do.



**Laws** are rules that protect people and make sure everyone is treated in a good and fair way.



We must

1. write a plan that says what we will do. We tell you about our plans for next year on page 11.



2. write an annual report that says what we have done in the last year. This is this booklet.

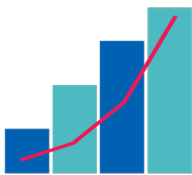


3. organise Safeguarding Adult Reviews, called SARs for short. We tell you more about these on page 10.

# Safeguarding information



**Safeguarding** means keeping people safe from abuse and neglect.



**Safeguarding information** is the information we collect about adults who are abused or neglected.

This year



**x1245**

- 1245 safeguarding concerns were reported - this is where someone tells us they are worried about a person's safety.



- most concerns were about neglect.



- most concerns were for people over 65 years old.



# Learning from an audit



This year we also did an **audit**. An **audit** is when we look at what happened to someone and think about it carefully, so we can learn what to do in the future.



We found out what happened to a man who lost £20,000 through a **scam**. A **scam** is when someone tricks you to get your money.



These are the good things that happened

- the man's bank told the police.
- the man is now getting the care he needs.
- the man got money taken off his **council tax**. **Council tax** is a bill you have to pay for local services.
- the scam was reported to an organisation called Action Fraud.
- the man is getting help to make sure he isn't tricked by a scam again.



# Talking and listening to people

## safeguarding



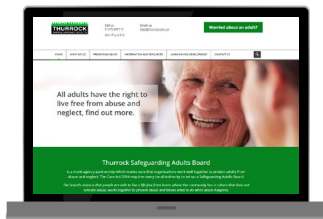
We put information on **social media** to tell people about abuse, safeguarding and where to get help.



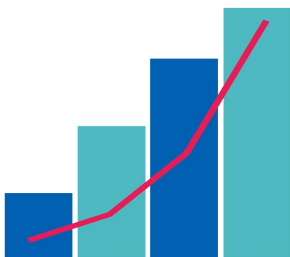
**Social media** means online apps for sharing information and ideas, like Twitter and Facebook.



This year we started sending out a newsletter with information about training and events.



We put new information on our website every week.



More than 23,000 people looked at our website this year. This is more than any other year.



We ran events to tell more people about what we do.



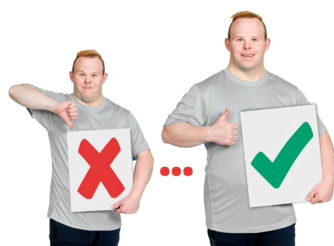
We gave copies of our booklet called **Let's talk about Safeguarding** to other organisations, like libraries and dentists.



We ran a conference about **modern slavery**. **Modern Slavery** is when someone is forced to work to make money for someone else.



66 people from organisations in Thurrock came to our conference.



Most people who came to our conference said they now know more about modern slavery, and what to do about it.



# Southend, Essex and Thurrock

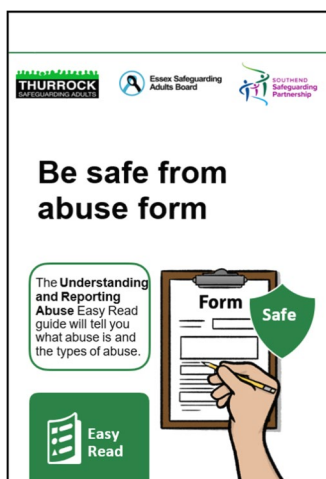


Together with Essex and Southend, Thurrock Safeguarding Adult Board has:

- written a Safeguarding Adults Audit.



This helps organisations find out how good they are at looking out for adults they are worried about, and improve their safeguarding.

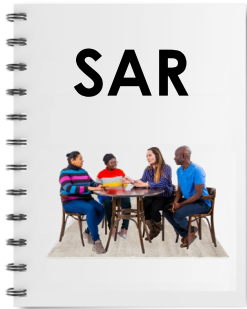


- updated some **policies and procedures**.

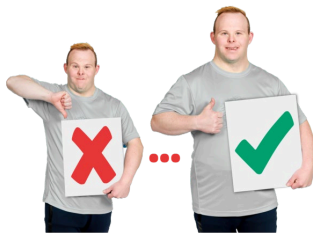
**Policies and procedures** are rules about the way we work.

This includes our Safeguarding Form in Easy Read.

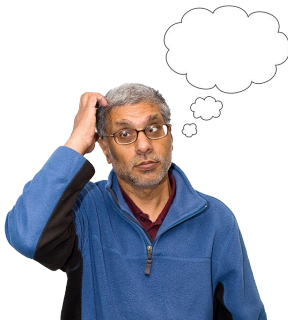
# Safeguarding Adult Reviews (SARs)



A **Safeguarding Adult Review** is when we look at how well local services have worked together, to keep adults safe. We call them SARs for short.



This year we finished one review. We looked at what was done and how things can be done better in the future.



We learned that people who come to our country to live here, have often had something very upsetting happen to them.

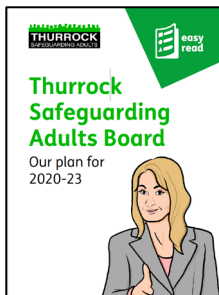


We wrote a list of ideas that we think should happen in the future. We will make sure these ideas happen.



We also started four more reviews. We are still working on these or waiting for more information.

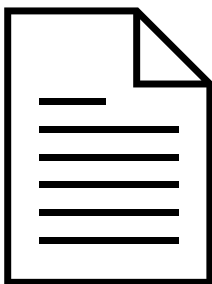
# Following our plans



## Last year's plan

1. We wanted to understand abuse and neglect better.

We thought about how we can collect information, and we made a form to ask what people think.

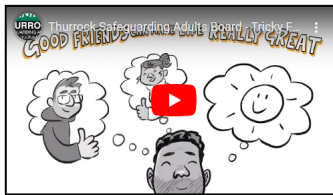


2. We wanted to follow recommendations from a plan about **Sexual Abuse**

We worked with organisations called Community Safety Partnership to make an online training course about **sexual abuse**.



**Sexual abuse** means making you do sexual activities you do not want to do or do not understand.



### 3. We wanted to focus on **perpetrator disruption**.

A **perpetrator** is a person who does a bad thing to another person.

**Perpetrator disruption** means things that can be done to stop or upset how perpetrators behave.

We bought and shared a video called Tricky Friends. The video helps you talk about good and bad friendships and how to stay safe.



### 4. We wanted to make **transitional** safeguarding better.

**Transitional** means the time when a young person is becoming an adult.

We wrote a plan to help improve care for adults with the highest risk.

**Risk** means how likely it is something bad could happen.



## Checking

The law says we must make sure adults with care and support needs are safe and check there is good safeguarding in Thurrock.



## Next year's plan

We have six **priorities** for next year.

**Priorities** are things that are important to us and that we will do first.



### Priority 1 **Empowerment**

**Empowerment** is when you are given support to have control over your own life.

We will make sure safeguarding services follow the principles of **Making Safeguarding Personal** and a law called the Mental Capacity Act 2005.





## Priority 2 Prevention

**Prevention** means finding ways to stop something before it happens.

We will carry on the work we do to **raise awareness** about safeguarding adults.

**Raise awareness** means tell people about something so they have good information to help them understand it better.



## Priority 3 Proportionality

**Proportionality** means having the right amount of something when it is measured against something else.

We will

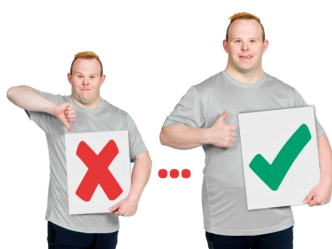
- check services are learning and improving the safeguarding work they do.
- help services manage risks.



## Priority 4 Protection

**Protection** means keeping something or someone safe.

We will protect adults who need help and support.



## Priority 5 Partnership

A **partnership** is when organisations or services work together.

We will

- improve our partnerships for safeguarding services
- look at other partnerships for safeguarding services and make sure our work is as good and follows the same ideas.



## Priority 6 Accountability

**Accountability** means accept the results of what you do.

We will have good leaders who will make sure the right safeguarding work happens across the partnership.



## Money

Last year our **income** was **£191,900**.

**Income** is how much money we made or were given.

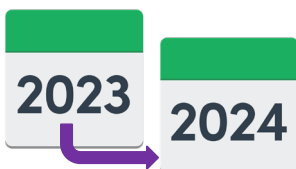


Last year our **expenditure** was **£92,130**.

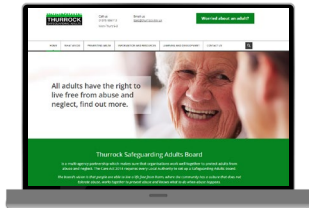
**Expenditure** is how much money we spent.



We will spend the money that is left over next year.



# More information



You can look at our website  
[www.thurrocksab.org.uk](http://www.thurrocksab.org.uk)

If you need more information about  
this report please



- send an email to this address  
[TSAB@thurrock.gov.uk](mailto:TSAB@thurrock.gov.uk)

If you have a concern about  
safeguarding please



- send an email to this address  
[thurrock.first@thurrock.gov.uk](mailto:thurrock.first@thurrock.gov.uk)



- call this telephone number  
**01375 511 000**