



Thurrock Safeguarding Adults Board

Our plan for 2023 to 2026



Easy read booklet

Introduction



We are **Thurrock Safeguarding Adults Board (TSAB)**. We work to

- keep adults safe from harm, and



- support adults who have been treated badly, or not looked after properly.



We must also make sure that we follow the laws about how all services should look after people.



Every year we have to make a plan. This booklet tells you about our plan for the next 3 years.

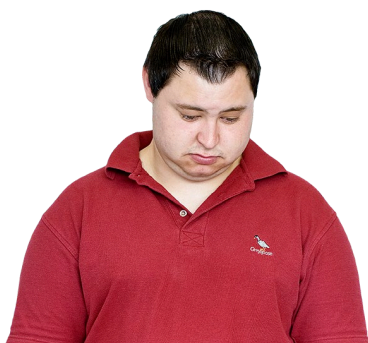
About TSAB



Our main duties are to try and stop **abuse** and **neglect**.



Abuse is when someone hurts you or treats you badly.



Neglect is when someone does not look after you properly.



We want everyone to

- be able to live their lives without being harmed



- be against abuse



- work together to stop abuse from happening



- know what to do when abuse does happen.

How we made our plan



Our 3 main groups are

- Mid and South Essex Integrated Care Board
- Essex Police
- Thurrock Council.



They are in charge of the TSAB and provide most of its money.



We asked them and our other organisations what we should plan to do first about continuing to look after adults.



We also asked the community what they thought.

Safeguarding principles



We used the **6 Principles of Safeguarding** to make our plan.



The **6 Principles of Safeguarding** are 6 ideas that should be followed for safeguarding, called

- **Empowerment**
- **Prevention**
- **Proportionality**
- **Protection**
- **Partnership**
- **Accountability.**



We made the 6 principles of safeguarding our **priorities**.



Our **priorities** are things that are important to us and that we will do first.

Priority 1

Empowerment



Empowerment is when you are given support to have control over your own life.



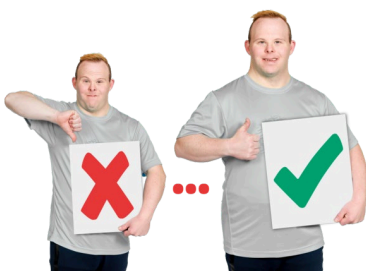
Empowerment Principle of Safeguarding

I am asked what I want from the safeguarding process. What I say is listened to and makes a difference to what happens.



What we will do

We will make sure safeguarding services follow the principles of **Making Safeguarding Personal** and a law called the Mental Capacity Act 2005.



Making Safeguarding Personal (MSP) is a plan that looks at ways to help adults improve their lives.

Priority 2

Prevention



Prevention means finding ways to stop something before it happens.



Prevention Principle of Safeguarding

I am given information that is easy for me to understand about what abuse is, how to know when abuse is happening and how I can get help.



What we will do

We will carry on the work we do to **raise awareness** about safeguarding adults.



Raise awareness means tell people about something so they have good information to help them understand it better.

Priority 3

Proportionality



Proportionality means having the right amount of something when it is measured against something else.



Proportionality Principle of Safeguarding

I am confident that the professional people who work with me will do work that is good for me and only get involved as much as they need to.



Confident means you trust and believe in something.



What we will do

We will

- check services are learning and improving the safeguarding work they do
- help services manage risks.

Priority 4 Protection



Protection means keeping something or someone safe.



Protection Principle of Safeguarding

I am given help and support to report abuse. I am supported to take part in the safeguarding process.



What we will do

We will protect adults who need help and support.

Priority 5

Partnership

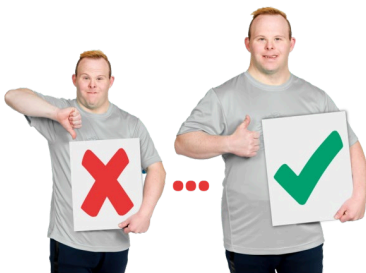


A **partnership** is when organisations or services work together.



Partnership Principle of Safeguarding

I am confident that organisations will work together and only share information they need to.



What we will do

We will

- improve our partnerships for safeguarding services
- look at other partnerships for safeguarding services and make sure our work is as good and follows the same ideas.



Priority 6

Accountability



Accountability means accept the results of what you do.



Accountability Principle of Safeguarding

I understand the roles and responsibilities of all the people involved.



Roles are the jobs people do.
Responsibilities are the things they have to do as part of their roles.



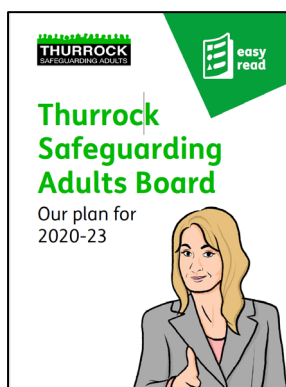
What we will do

We will have good leaders who will make sure the right safeguarding work happens across the partnership.

Our previous plan



Previous means something that happened before.



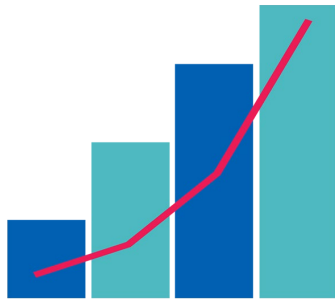
Our previous plan was our **Plan for 2020 to 2023**.



We had priorities for our previous plan.



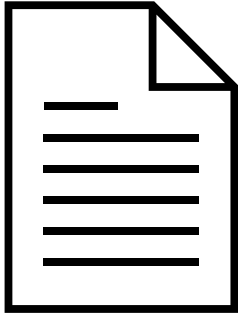
We tell you what we did for the priorities in our previous plan on the next **4 pages**.



What we did **to understand abuse and neglect better**

- We made a new **performance dashboard** for abuse and neglect in Thurrock. A **performance dashboard** is a useful way to look at and manage information.
- We started our **audit** programme and made it part of what we do. **Audit** means look into and check something.
- We made a **Quality Assurance Framework** about how we look after information. A **Quality Assurance Framework** shows how an organisation makes sure it does something in a good way.
- We collected information about other organisations to help us check what we do is good.
- We made recordings of safeguards of **domestic abuse** better. **Domestic abuse** is abuse that happens in your home.





What we did **to follow recommendations in the document called Sexual Violence/Abuse JSNA**

Recommendations are suggestions and advice about the best thing to do.



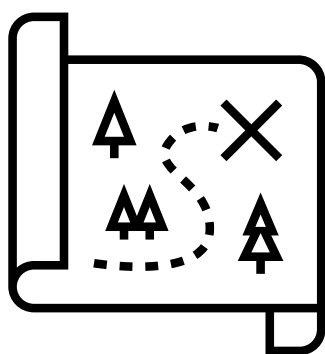
- We finished our study about the **sexual exploitation** of adults and young people who are becoming adults in Thurrock. **Sexual exploitation** is when one person uses another person's body in a sexual way without permission.



- We looked at recommendations in the Sexual Violence/Abuse JSNA and checked them against what people told us about our sexual exploitation study.



- We made a sexual abuse and violence online training course for staff.
- We worked with organisations called Community Safety Partnership and ICENA to make our online training course.



What we did **about perpetrator disruption**

A **perpetrator** is a person who does a bad thing to another person.

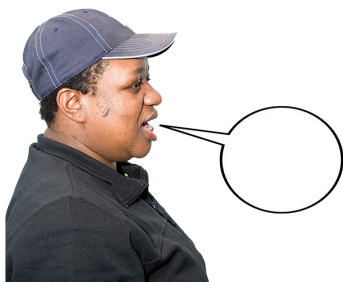
Perpetrator disruption means things that can be done to stop or upset how perpetrators behave.

- We collected information to find out what perpetrators do and where they act in our area.
- We made a safeguarding report that shows what types of abuse happen and where they happen in our area.
- We made a **modern slavery** plan. **Modern slavery** is when someone is forced to work to make money for someone else.
- We told people about training on modern slavery, domestic abuse and sexual abuse.
- We found new ways to help people protect themselves and we gave money towards new cold calling signs.



What we did **to make transitional safeguarding better**

Transitional means the time when a young person is becoming an adult.



- We did work to make sure young people can protect themselves when they move from children to adult services.
- We looked at recommendations from national documents about transitional safeguarding.
- We looked at recommendations in a document called **Bridging the Gap** written by Dez Holmes. We asked Dez to give a talk about how we can use the recommendations in our area.
- We made information sharing between children and adult social care services better to help find transitional young people who are at risk.
- We asked young people and their families and carers to tell us what they think the problems are.

For more information



If you are worried about an adult

- call this telephone number
01375 511000
- or send an email to this address
thurrock.first@thurrock.gov.uk



If you want to find our more information

- send an email to this address
tsab@thurrock.gov.uk
- call this telephone number
01375 659713
- go to this website
www.thurrocksab.org.uk